BARSTOWLOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 47

Marine Corps Logistics Base Barstow, California

October 5, 2000

Commentary

Sergeant Major, MARFORPAC, expresses thanks to all spouses.

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The Great **Escape**

The Fire Department has a big party planned and everyone in base housing is invited.

Page 5

Sports

Final Marine Corps Ball Golf Tournament has great weather, not so great players.

Page 10

Monthly Recognitions

October is Domestic Violence Prevention Month and National Disabled Employment Awareness Month.



http://www.usmc.mil



http://www.bam.usmc.mil

Hispanic Heritage Committee honors MOH recipient By LCpl. Cory Kelly Marine Division at Seoul, Korea, Sept.



Photo by LCpl. Cory Kelly David Mendez and Ed Tintos clear grass and sand from the base of the monument at Obregon Park Monday morning.

Barstow Log staff

Taking on a new project, the Hispanic heritage committee is fixing one of the many faces of the Barstow com-

Bright and early Monday morning a few committee members got together and began the process to reface 'an old

This 'old friend', however, no longer walks and talks like everyone on else

He is a former Barstownian and tells his story through the people who visit his parks and those who know of his

He ... is Eugene A. Obregon, a Los Angeles, Calif., native and has been dead for 50 years and 9 days to date.

He was a private first class in the Marine Corps when he died and was awarded the Congressional Medal of Honor (posthumously) for an act of heroism the cost him his life while serving in Company G, 5th Marines, 1st 26, 1950.

Today, this Hispanic Marines' name and story are scribed on three parks, a schoolhouse, a barracks, an American Legion post and an 821-foot-long Marine Sealift Command Vessel.

MCLB's Obregon Park was officially dedicated in his name Nov. 12, 1965, and then rededicated June 23. 1990.

The Hispanic heritage committee is renovating/refurbishing the monument bearing his name and story at Obregon Park, right inside the main gate of the Yermo annex, in observance of Hispanic heritage month.

The committee plans to 'adopt' the park into their yearly celebration of Hispanic Heritage month and hope to make the cleaning of the monument and park an annual event.

The committee is also working to get the monument bearing Obregon's name and story refurbished, as the wear and tear of weather has taken its toll on the monument's bronze lettering.

Ability you can bank on

Potential is measured by

intelligence, motivation

By Randy Meyer

Comptroller Department

Who are people with disabilities? What do we know about people with

How many people with disabilities are working? Why should we care?

Those are just a few of the questions that are pondered when October, our National **Disability**

Month, rolls around.

Disabilities can be more accurately described as "work limitations". Nearly everybody has the potential to work and contribute to their families, communities and nation but the question is in what form or how much.

For a blind person, we can't expect him to be a taxi cab driver, or for a deaf person, expect her to be a musician, or a wheelchair-confined person to be a construction worker.

Their disabilities limit their work choices but certainly not their potential. Potential is measured by intelligence, motivation and attitude. Of our entire work force population, 18.7 percent

have a disability; of that, 8.7 percent have a severe disability while the rest (10 percent) have a non-severe disability.

Severe disabilities are defined by complete inability to use a major sense or limb such as hearing, visual, leg, arm, hands, etc, while a non-severe disability is more invisible such as gradual disease

or condition such as MS, HIV, arthritis/ rheumatism. back/spinal problems, depression,

and attitude.

You can be working with a coworker who has a non-severe disability and not know it because they either control their disability with medication or are occupying a position that accompanies their disability.

The truth is the range of ability within any disability is enormous. Stereotypical images of people with disabilities held by others can be counterproductive in nature.

We should view each individual we meet as just that - an individual.

Disabilities aren't something one is

See **DISABILITY** Page 5

General's mother pins on star



Ora Kramlich, mother of newly promoted Brig. Gen. Richard Kramlich, commander Marine Corps Logistics Bases, pins her son's stars on his collar Oct. 2. This is only the second promotion ceremony the Kramlichs have attended. The first promotion was when he was commissioned as a second lieutenant. General Kramlich graduated from the U.S. Naval Academy in June 1973. "I think the most important thing is getting the opportunity to command Marines and a base," he said.

Spouses know more than we think about our Marine Corps

By SgtMaj. Robert W. Holub Marine Forces Pacific

I was having breakfast, the other day with the commanding general's aide-de-camp, Maj. Jesse Gruter, when during our conversation he looked at me and said that he does not let his wife, Brittan, read my articles anymore. I started laughing and asked him why? He told me (with a smile) that while he was packing his seabag for Exercise Ulchi Focus Lens, he wasn't thinking and had packed some brown "skivvy" shirts in his bag along with some green ones. But when he went back to double check his gear, he noticed the brown ones were not there any more.

Surprised by the missing skivvy shirts, he asked his wife if she knew anything about them What she told him brought a smile to his face and to mine as well. She said that she had removed the brown ones because she remembered reading in one of my columns that Marines are not allowed to wear them any longer. She also knew that, as the commanding general's aide, he should be setting the example so she removed them so he would not be in violation of Marine Corps regulations. (Now, I am sure that the major, being the warm and sensitive Marine that he is, thanked her profusely for bringing this uniform matter to his attention.

that she was keeping him out of trouble, the point he was making was how proud he was of her knowing more about the Marine Corps than he had given her credit for.

After we finished breakfast, I started thinking about how Mrs. Gruter and hundreds of other spouses like her save our bacon every day by knowing more about the Marine Corps than we give them credit for. That is what I would like to talk to you about this week.

As I told you in a previous column, I-recently returned from my fifth and final Sergeant Majors Symposium in Quantico, Va., last Yeah right.) Aside from the obvious fact month. What I failed to tell you was

that my wife, along with several other wives, also attended the symposium at the invitation of Sergeant Major of the Marine Corps and Mrs. McMichael. Why? Because when the Commandant talks about the Marine Corps as a family, he means it. Both he and the Sergeant Major of the Marine Corps are very much interested, as were their predecessors, in how our Marine families feel, and they are always looking for ways to improve their quality of life and keep them as well informed as they possibly can.

This year, Mrs. McMichael and the wives of sergeants major from commands around the Corps put their thinking caps on to come up

with new ways to take care of our families and improve the information flow to them as well. What they came up with at the conclusion of their symposium were several suggestions and recommendations that Mrs. McMichaels briefed to the Commandant for his consideration.

Why ask spouses for their opinions? Who better to ask about the challenges that our families face than the wives of the senior sergeants major of the Corps? These ladies married into the Marine Corps long before programs such as L.I.N.K.S. and Family Services existed. They

See **WIVES** Page 5

Hympic Disappointment

"As much as we

outcomes to all

we cannot."

want to control the

events in our lives,

By Lt. Elmon R. Krupnik Base Chaplain



The Olympic Games have been the focus of much of the world for the past two weeks.

My children seem to be fascinated by the variety of

Olympic sports that exist, and have watched everything from sand volleyball to the heptathlon to gymnastics.

The focus of every event is the competition and the results – who receives the gold, silver, and bronze medals.

However, there is one constant that exists for all Olympic sports – out of the many people who try, only a few will achieve medals.

Many athletes will be disappointed in not achieving their goal.

Watching the disappointment experienced by many athletes reminds me of life in general; how do we handle the disappointment that takes place in our lives? Do we deny it, hide it,

or run from it?

It hurts us emotionally when we have been working hard to accomplish a goal in our life and it does not work out the way we planned it.

There is a Yiddish saying that states, "People make plans and God laughs." As much as we want to control the outcomes to all events in our lives, we cannot.

That ... is reality. So, where do we turn? In the book of John, the fourteenth chapter, Jesus tells us, "Let not your heart be troubled; ye believe in God, believe also in me.

According to Proverbs, chapter three, we are

to "trust in the Lord with all thine heart and lean not unto thine own understanding."

It is to our faith in God that we need to turn. It is a faith that stretches us beyond ourselves and gives us the peace that goes beyond our own understanding.

I would rather be given a

11 - 11:30 a.m.

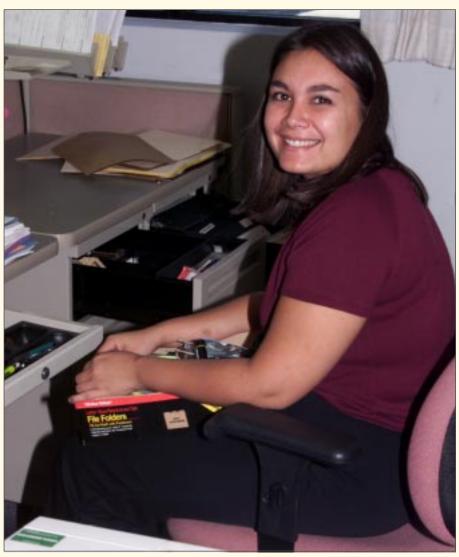
gold medal in faith than in anything else in life. I will never receive it in this lifetime, but my goal is to keep striving for it. It is my hope and prayer that this is your goal as well.

Blessings to all,

- Lt. Elmon R. Krupnik

Chaplain Elmon R. Krupnik

Just doing my job ...



Erika Gumz, Marine Corps Community Services secretary, always has a smile on her face. Maybe it's because she loves her job. "Nothing compares with all of the different people I deal with in my job. That's the best part the job," said Gumz.

Chapel Hours

Protestant Catholic Mass Sun. 8:30 a.m.

Sun. 10:30 a.m.

At the Colonel's Workshop

Yermo Bible Study

Confession services before Mass

Wednesday

For more info call Don Brooks at 577-7165.



Marine Corps Logistics Base Barstow, California Colonel Mark A.Costa, Commanding Officer

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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Marine Corps Ball

Tickets for the 225th Marine Corps Birthday Ball are on sale now until October 13.

The Ball is taking place at the Primmadonna Resort and Hotel in Primm, Nevada.

Cocktails are at 6 p.m. followed by the ceremony at 7 and dinner at 8. Colonel Mark A. Costa, base commander, is the featured speaker this year.

Prices this year are \$120 per couple with hotel room, \$85 per individual with hotel room, or \$40 per individual without hotel room.

Hotel room packages include breakfast on November 12. Ball tickets must be purchased by October 13, and Marine Corps Ball Committee personnel handle the reservations.

For more info, or to purchase tickets, contact one of the following:

CONAD closure

The Consolidated Administration office at Biulding 302 is closed tomorrow for a shop function.

This includes the ID Card

Section.For more info call GySgt. Hilda J. Goodman, 577-6656.

Hazardous Waste turn-in

On October 14, the base will begin accepting household hazardous waste/material from base housing residents only. Engine oil, antifreeze, batteries, pesticides, cleaning agents are common forms of household waste/material.

An identification card is required when turning in these items.

Collection days are the second Saturday of each month from 9 a.m. to 1 p.m. at the McKinney School in the housing area.

For more info call 577-7442/7437/6387.

Leave donors

Greg Van Velkinburgh, Transportation Management Division, Installation and Logistics Department, has been affected by a medical emergency.

Anyone wishing to donate leave under the Leave Sharing Program may obtain a Leave Donor Application through their administrative officer.

For more info call Connie Zamora, 577-6657, or Monica Moorman, 577-6559.

Career changes

Facing Changes in Your Career, a

Never ask a Marine to build a golf course.

training session you cannot afford to miss, is being offered to all base employees Tuesday and October 17 and 24 from 8 a.m. to 3:30 p.m. at the Oasis Club.

This is the same training that Defense Logistics Agency and Installation

and Logistics Department personnel recently received.

Each class is limited to 80 participants, so get a reservation in to your division training coordinator as soon as possible.

For more info call the Personal Ser-

vices Division at 577-6533.

MCB Picnic

The Maintenance Center is holding its 31st Annual Picnic at Obregon

See **BRIEFS** Page 5

CPSC, BRK announce fire extinguisher recall

WASHINGTON – In cooperation with the U.S. Consumer Product Safety Commission, BRK Brands Inc., of Aurora, Ill., is voluntarily recalling about 600,000 First Alert® household fire extinguishers. The extinguishers can fail to discharge when the trigger is activated failing to put out a fire, which puts consumers at risk of fire-related injuries.

CPSC and BRK have received five reports from consumers of the fire extinguishers failing to discharge when activated. No injuries have been reported.

Only First Alert model

odel FE1A10G

FE1A10G with serial numbers beginning with: RH, RK, RL, RP, RT, RU, or RW are included in this recall. The serial number is located on the extinguisher's label, above the model number in a rectangular box. "First Alert" is written on the units' label and pressure gauge. The fire extinguishers are either red or white. Home centers, mass merchandisers, and hardware stores nationwide sold the fire extinguishers from September 1999 through September 2000 for between \$9 and \$15

First Alert fire extinguishers with a "100% Quality Tested" sticker attached to the fire extinguisher label are not included in the recall, regardless of the serial number.

chandisers, and hardware stores nationwide sold the fire extinguishers from September 1999 through September 2000 for between \$9 and \$15. Consumers with recalled fire extinguishers should immediately contact First Alert at (866) 669-2736 anytime or visit the First Alert web site at http:// www.firstalert.com/ more_information/ *index.htm* to receive a coupon for a new extin-RU634147 guisher. ONTENTS MANUFACTURES First Alert fire extin-

JOB WATCH

Annc No.	Title/Series/Grade	<u>Open</u>	Close	1st Cutoff	Location
DEA-411-00	Equipment Cleaner	08-24-00	11-30-00	09-14-00	MCLB Barstow
	WG-7009-05 (Term NTE 366 days)				
DEA-411-00	Painter Helper	08-24-00	11-30-00	09-14-00	MCLB Barstow
	WG-4102-05 (Term NTE 366 days)				
DEA-411-00	Motor Vehicle Operator	08-24-00	11-30-00	09-14-00	MCLB Barstow
	WG-5703-08 (Term NTE 366days)				
DEA-411-00	Heavy Mobile Equipment Rep/Mech		11-30-00	09-14-00	MCLB Barstow
	WG-5803-05/08/10 (Term NTE 366				
DEA-411-00	Instrument Mechanic	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA 411 00	WG-3359-11 (Term NTE 366 days)	00.04.00	11 00 00	00 14 00	MCIDD
DEA-411-00	Preservation Servicer	08-24-00	11-30-00	09-14-00	MCLB Barstow
DEA 411 00	WG-7006-07 (Term NTE 366 days)	00 04 00	11 20 00	00 14 00	MCI D Danston
DEA-411-00	Materials Handler		11-30-00	09-14-00	MCLB Barstow
DELI 440 00	WG-6907-05/06 (Term NTE 366days Family Services Counselor		10.06.00	00 22 00	MCLB Barstow
DEU-449-00	GS-0101-11	09-00-00	10-00-00	09-22-00	MICLD Daistow
DELI 452 00	Legal Assistant (OA)	00 02 00	10 20 00	10.06.00	MCLB Barstow
DEU-432-00	GS-0986-05/06	03-02-00	10-20-00	10-00-00	MICED Daistow
OTR-109-00	Equipment Cleaner	08-24-00	10-30-00	09-22-00	MCLB Barstow
0110 100 00	WG-7009-05 (Temp NTE one year)	00 21 00	10 00 00	00 22 00	TVICED Daistow
OTR-109-00	Preservation Servicer	08-24-00	10-30-00	09-22-00	MCLB Barstow
	WG-7006-07 (Temp NTE one year)				
OTR-109-00	Motor Vehicle Operator	08-24-00	10-30-00	09-22-00	MCLB Barstow
	WG-7503-08 (Temp NTE one year)				
OTR-109-00	Heavy Mobile Equipment Rep/Mech	08-24-00	10-30-00	09-22-00	MCLB Barstow
	WG-5803-05/08/10 (Temp NTE one	year)			
OTR-109-00	Painter Helper	08-24-00	10-30-00	09-22-00	MCLB Barstow
	WG-4102-05 (Temp NTE one year)				
OTR-109-00	Instrument Mechanic	08-24-00	10-30-00	09-22-00	MCLB Barstow
	WG-3359-11 (Temp NTE one year)				
OTR-109-00	Material Handler		10-30-00	09-22-00	MCLB Barstow
	WG-6907-05/06 (Temp NTE one year				
OTR-120-00	Maintenance Worker	09-08-00	10-06-00	09-22-00	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to: Human Resources Service Center, Southwest, ATTN: Code 522 (announcement number) 525 B Street, Suite 600, San Diego, CA 92101-4418

WG-4749-08 (Temp NTE one year)

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919

If you have Internet access, browse to http://www.usajobs.opm.gov. For information regarding Open Continuous Merit Promotion announcements point your browser to http://www.donhr.navy.mil.

GUNNY'S PICKS

Week 6

LCpl. Gary Lenon, Jr., took the Gunny's Picks this week. He is taking his win home to Michigan, as he detached from MCLB Barstow and began terminal leave Tuesday.

He said, "I will forever be the champion because you will never see me again."



New Orleans at Chicago* Green Bay at Detroit* *Indianapolis at New England Washington at Philadelphia* *Arizona at Cleveland Baltimore at Jacksonville*
*Tennessee at Cincinnati
Buffalo at Miami*
Pittsburgh at NY Jets*
*NY Giants at Atlanta
*Denver at San Diego

*Oakland at San Fransisco *Denv *Seattle at Carolina

Monday Night

*Tampa Bay at Minnesota (45)

Name, work section and phone number:

 	 	 _

Monday night's game is a tie-breaker and must include a total score.

DISABILITY from Page 1

always born with or happen suddenly in an accident or war. It can develop over time. Family genetics can kick in causing arthritis/rheumatism making one disabled before their working life is over.

Years of working in loud environments can affect one's hearing, leading to deafness for some, or heavy lifting can lead to back problems that limits one's mobility.

It can happen to you, a family member or a neighbor, but the reality of it, disabilities don't reduce your worth as an individual.

The potential of your individualism and contribution is still there, it's just the limitations of what you can do that

changes

Employment continues to be the area with the widest gulf between those who are disabled and those who are not.

Forty-two percent of those who are disabled and not working believe that its attitudinal barriers that keep them from working (i.e. that employers are unwilling to recognize that they are capable of taking the job).

A significant majority of people with disabilities who work (64 percent) and people with disabilities who want to work (81 percent) encounter employers and coworkers who are afraid of the public perception of having a disabled person working for them or are afraid that the person with the disability cannot do the job.

With unemployment at it's lowest,

today employers must seek new labor pools to continue to expand and grow within our global economy. Job candidates with disabilities offer a natural solution.

Businesses or government agencies that actively recruit qualified applicants with disabilities have discovered a wealth of untapped skills, talents and abilities. Qualified persons with disabilities answer the need employers have for employees who can get the job done. By giving them the opportunity to demonstrate their abilities, disabled employees bring their potential to light.

That's why, the theme of this year's National Disability Month is "Ability You Can Bank On."



<u>Division</u> Maintenance Center
Fleet Support Division

Headquarters Battalion Public Safety Division I&L MCCS Comptroller Special Staff ISC/DLA Defense Distribution HRO Branch Clinics

Commissary

<u>Name</u>	Phone
Brenda German	577-7139
Alex Estampador	577-7337
SSgt. Michael Kancilja	577-7147
Celia Enriquez	577-7511
SSgt. Donna M. Knolle	577-7181
Sgt. Giovanni E. Valladares	577-6960
1stLt. Daniel J. Morfitt	577-6667
SSgt. James L. Daly, Jr.	577-6062
CWO2 Jeffrey L. Člawson	577-6994
SSgt. Dennis W. Owen	577-6899
PFC Israel G. Moreno	577-6720
Bertie Dailey	577-6430
SSgt. Keith S. Brotherson	577-6197
LtCol. James A. Kessler	577-6434
Meredith Taylor	577-6478
HN Juancarlo Samaniego	577-7803
Charisma Turner	577-6404



Fire Prevention Week

Here's a look at what the base fire department has planned for Fire Prevention Week:

Oct. 5-6: Fire and Emergency Services Division personnel are visiting base tenants and employees at their work sites.

Oct .10, 10-11 a.m.: Fire and Emergency Services Division personnel are visiting the Child Development Center.

Oct. 11, 9:45-10:45 a.m.: Child Development Center children at Nebo Fire Station.

Oct. 11. 2:30-7 p.m.: 4th Annual Fire Prevention Fair at McKinney Youth Activity Center. All military and civil service workers and their family members are invited. Free food and drinks sponsored by MCCS

Oct. 11, 7 p.m: The Great Escape International Fire

Oct. 12, 11 a.m.-1 p.m.: Fire Prevention Week Open House at Nebo Fire Station.

BRIEFS from Page 3

Park in the Yermo Annex October 21 from 10 a.m. to 4 p.m. For more info call Jack Brumit, 577-7310.

DEAP luncheon

The Diabled Employees Awareness Program committee is sponsoring a luncheon October 25 at the Oasis Club.

The featured speaker is Kathy Healey.

She will talk about the fears, biases and myths created around disabled employees that prevent them from reaching their full potential.

Luncheon tickets are \$7. The menu is Chicken Cordon Bleu or Chef's Salad. Purchase tickets from the following DEAP members:

<u>Phone</u>
577-6221
577-7208
577-6366
577-4004
577-6988
577-7303
577-6965

Lucianna Wais 577-6487

Fall Family Dinner

The Child Development Center is holding a Fall Family Dinner October 20 from 4-5:30 p.m.

The dinner is free for families with children enrolled at the CDC. For more info call 577-6287.

Blood Drive

A Blood Drive will be held on Thursday, November 2, from 11:30 a.m.-2:30 p.m. in Building 44's Aerobics Room and from 1 a.m.-3 p.m. at the Maintenance Center.

Contact your Department Administrative Officer to volunteer for the blood drive. Volunteer lists must be in by October 27.

FMA Manager of Year Awards

The Federal Manager's Association is accepting nominations for the Manager of the Year.

The FMA annually recognizes base managers for their exceptional leadership attributes.

All nominations must be submitted by October 25.

All nominees will be guests of the FMA at the installation luncheon in January. The winners will be announced at the luncheon. Nominations may be submitted to any of the following members of the Federal Manager of the Year Committee

Manager of the real Committee.		
<u>Name</u>	<u>Phone</u>	
Rick Wilson	577-6221	
Donna Wilder	577-6638	
Connie Zamora	577-6657	
Bob Wyman	577-6866	
·		

Weight Management Class

Health Promotions is conducting a Weight Management class Wednesday from noon-1p.m. in the Aerobics Room at Building 44.

Learn a sensible approach to weight management as well as discuss why crash diets don't work.

Call Marisa Klavon at 577-6817 or e-mail her at klavonme@barstow *usmc.mil* with requests to attend.

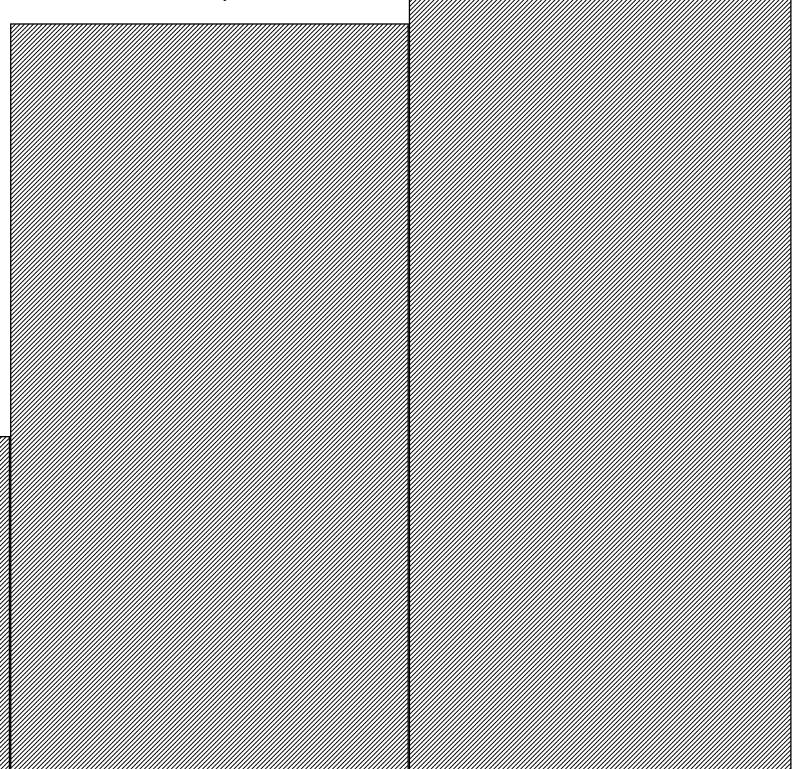
WIVES from Page 2

know how far we have come as a Corps in support of our families. Most importantly, they know where we need to go in the future to improve on what we currently have.

When they came into the Marine Corps family, they had only the Navy Relief Society and the local wives clubs to support them while their husbands were deployed. They used their own initiative at countless bases and stations around the globe to lay the groundwork for many of the programs our families now enjoy. They stepped forward to pass along those pearls of wisdom so that future families would never have to struggle like they did.

When the Commandant says we re-enlist families not individual Marines, he is absolutely correct. He knows, as many of us do, that decisions to stay Marine are doomed for failure without the support of the

See WIVES Page 12



READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow



Lance Cpl. Brandy R. Berdion receives her promotion from Battalion Commander, Maj. Kathy Maloney, at a formation Monday morning. Berdion was one of five Marines promoted during the formation.

Web site gives Marines say in uniform design

The Commandant of the Marine Corps want a uniform that lets both friend and foe alike know the Marines have landed, the situation is well in hand, and they are here to stay.

General James L. Jones, 32nd Commandant of the Marine Corps, has directed the development of a new uniform – a uniform that is not only durable and practical, but makes Marines more recognizable as America's 9-1-1 Force in Readiness.

In order to more easily amass information on the wants and needs of Marines who will be wearing the new utilities, a Web site has been designed that allows Marines a voice in the design of a new high-tech camouflage utility uniform.

The site is a survey that asks questions assessing opinions on different options for a uniform. The questions discuss everything about the uniform from insignia and placement to whether or not padding should be used in the knees.

The survey ends October 15 at midnight Eastern Standard Time at which time the results will be consolidated for evaluation and used to develop various prototype utility uniforms for testing. This will lead to the eventual fielding of the new utility uniform.

All Marines are encouraged to discuss the changes with their peers and may return and change their answers.

The survey at http://www.tecom.usmc.mil/mcub and only takes about 15 minutes to complete.

PROMOTIONS & AWARDS

Promotions

Cpl. Jason P. Jones LCpl. Brandy R. Berdion LCpl. Israel G. Moreno LCpl. Efren J. Rangel, Jr. LCpl. Tighree U. Thomas

Navy and Marine Corps **Commendation Medal**

SSgt. Keith S. Brotherson

Good Conduct Medals

GySgt. Reginald J. Goode (fifth award) GySgt. John A. Kraak (sixth award) SSgt. Timothy A. Brooks (third award) SSgt. Stephen B. Locke (fifth award) Sgt. Jeremy S. Webb (first award)

US Navy celebrates 225th birthday

By HMC Stefan Erickson **Branch Medical Clinic**

October 13, 1775, at a meeting in Philadelphia, the Continental Congress adopted the original legislation out of which the Continental Navy grew.

"Resolved, that a swift sailing vessel, to carry ten carriage guns, and a proportional number of swivels, with eighty men, be fitted, with all possible dispatch

for a cruise of three

and that the Commander be instructed
There are even fewer that have endured to cruise eastward, for intercepting such transports as may be laden with warlike stores and other supplies for our enemies, and for such other purposes as the Congress shall direct.

"Resolved, that another vessel be fitted out for the same purposes ... '

This prosaic language constitutes the Navy's birth certificate.

Few institutions exist in our society or in our world which have

while continuing to strengthen their core values and building a reputation of excellence.

The U.S. Navy performs a dazzling array of missions with stunning technology and unquestioned effectiveness.

On October 13, the staff of the Branch Medical Clinic, Marine Corps Logistics Base, will celebrate the 225th Navy Birthday at the Barstow Veterans Home.



Ceramics

The Ceramics Hobby Shop offers fun for all, young and old.

In keeping with the season, Ceramics has its own pumpkin patch from which kids can choose the pumpkin that best suits them and personalize it too.

Nothing is as valuable as a handmade piece, according to Mark Hutchens, who manages the hobby

"Anyone can make a unique gift for the holidays, all it takes is a little time and effort," said Hutchens. "Our open house was a prefect example of what you can do when you put your mind to it."

Patrons can choose from hundreds of different bisque pieces and customize them to suit their taste.

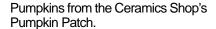
During the shop's 8th Annual Open House Ceramics patrons put their favorite pieces on display, alongside demonstration pieces belonging to professional ceramist on hand to share the latest techniques in the craft.

"Visiting the shop is a great way to work off stress," said Jessie Bourgeois, a ceramics shop regular. "Besides, you always learn new things."

Call Mark Hutchens at 577-6228 for more info.

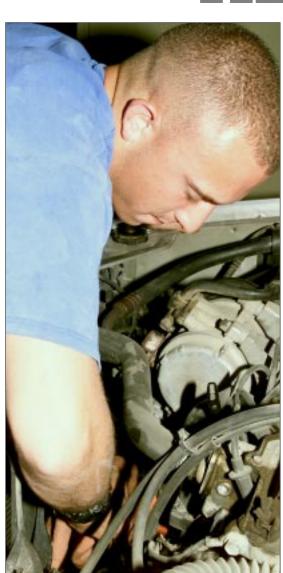








Ceramics hobbyists pay special attention to a new technique called "fantasy" during last week's open house.



Adam Knotz changes the oil in one of vehicles at the Auto Hobby Shop. "The hobby shop saves me a lot of time and money," he said.



David Person, hobby shop master mechanic, shares his knowledge with a pa-

The Auto Hobby shop welcomes the handy and the not-so-handy to discover how easy and affordable it is to do preventative maintenance and repairs on their own vehicles.

With help from a highly skilled mechanic any patron can accomplish the repairs.

Step-by-step instruction is available on tasks ranging from oil changes and tune-ups to replacing an engine. The wide range of tools and equipment at the hobby shop help make the repairs a 'snap,' according to mechanic David Person.

"The Auto Hobby Shop is a great place to come and learn more about cars and take care of the routine problems everyone is bound to have at some time or another," said Person.

Wood and Rock Hobby Shop

The Wood and Rock Hobby Shop offers do-it-yourselfers the opportunity to build and create from scratch most anything one can imagine.

Craftsman Bob Izumi lends his skill and expertise to anyone desiring to start from scratch.

"There are so many things you can make," said Izumi. "If you like jewelry, you can make a broach or pendant set with stones you fashioned and set yourself, or even custom design your own belt buckle. If you like wood working, you can build a bird house, book cases, a table - anything.'

Izumi furnishes the stones for all lapidary work himself. How? He finds them in the near by hills and cuts them to the sizes hobbyist need.

One-on-one instruction and guidance is available.

Mr. Izumi would like to remind all that October 16 is Boss' Day. If you'd like to make your boss something special or to find out more about the Wood and Rock Hobby Shop call 577-6692.

Story and photos by Cpl. Brian K. **Davidson**



Craftsman Bob Izumi offers one-on-one instruction to patrons getting started on their first project.

A vote's too valuable to forsake to this American

By Sgt. William Bradner, USAAmerican Forces Press Service

FORT BLISS, Texas, — More than 40 percent of Army personnel didn't take the time to vote during the 1996 presidential election.

During this year's election, at least one soldier will be in line waiting for the doors to open.

Spc. Giraldo Gonzalez of William Beaumont Army Medical Center here lists one of his immediate goals as voting in the 2000 election. He's encouraging everyone in his section to do the same.

"It's a privilege, one that is too valuable to forsake," according to the Cuban-born naturalized U.S. citizen. "My co-workers, more than half didn't care.

I'm trying to push them to vote. For me, it's even more exciting, because this is the first time in my life I can have a choice."

Gonzalez fled Cuba in a 10-foot boat with five friends. They built a small motor by jury-rigging a propeller onto an engine used for fumigation

They left behind everything for a chance to win their freedom of choice in America. They became lost between the Bahamas and Florida, but were sighted by a fishing boat and picked up by the U.S. Coast Guard. Their ordeal lasted four days.

"It was dangerous and risky," he said, "but worth it to live in the United States."

Gonzalez was a medical doctor in Havana, Cuba, before fleeing to the states. He's now an operating room technician at Beaumont. He gave up his life there to, in his words, "become a person."

"It was hard to live there," he explained. "It was hard to do anything without being scrutinized. I was tired of living the life where you have two faces.

"This is me," he said. "This is who I am."

Gonzalez recalled friends and family members who were fired or denied job opportunities because of they expressed views not shared by the political party.

He spoke of times being "obligated" to participate in anti-American or pro-Cuban marches and rallies, out of fear of repercussions at his hospital if he failed to attend.

He remembered the time his mother was denied the chance to attend a career-development program because it took place outside Cuba.

"It was hard leaving my mother and all my family," he admitted, "but she was afraid for me and wanted what was best for me."

Gonzalez had no contact with his family in Cuba for almost four years after arriving in the United States, but he doesn't regret his decision.

He recently re-established contact by phone, but he doesn't see himself



Photo by Sgt. William P. Bradner, USA

Operating room technician Spc. Giraldo Gonzalez (right) helps a student prepare for a test on identifying surgical instruments at William Beaumont Army Medical Center, Fort Bliss, Texas.

going home to visit any time soon.

"I'd like to go, but I simply can't right now. Maybe someday," he said. Until then, he's focusing on his life in America.

He enrolled in an English language course and began taking medical assistant classes shortly after arriving in Florida, but changed tracks after visiting in-laws in Panama.

"One of my relatives there was a U.S. soldier," Gonzalez explained. "I used to say 'the last thing in my life I'm gonna do is be a soldier,' but that was in Cuba."

Gonzalez was impressed with what he saw on the U.S. military base. He saw the Army as a melting pot of American society, and remembered the soldiers he met as being professional, treated well and having lives of their own. He was so impressed that he enlisted shortly after returning from vacation.

His next step was to become a citizen

"No one influenced me (to become a citizen)," he said. "It was my love of this country and my desire to serve in an unrestricted capacity."

He began a 10-month process of paperwork and took the oath of citizenship just a few months ago.

His study guide contained more than 200 questions on the history and government of our nation, but the most difficult part, he said, was the red tape.

"The Army didn't really help in any way," he said. "I did it all on my own through the immigration office."

The only assistance: His co-workers helped him understand the government and U.S. politics.

"Becoming a citizen was my way of saying 'thank you' for the opportunity to become what I have dreamed," he said.

Gonzalez faces a couple more examinations before attaining all his goals. One he intends to take in the not-too-distant future is the U.S. Medi-

cal License Examination.

"I'm not prepared to take it yet, but I will be," he said.

"It tastes better — the triumph — when you attain your goals on your own," he explained. "I don't have a lot, but everything I have came through my sweat. After four years in America, I feel better and trust myself more. I've discovered more potential that I never knew I had before."

He has three pieces of advice to share. He encourages those newly arriving in the United States to "learn the language and the culture because it's a whole new life. I haven't forgotten I'm Cuban — my culture, religion, and folklore — but you have to adapt to the new culture."

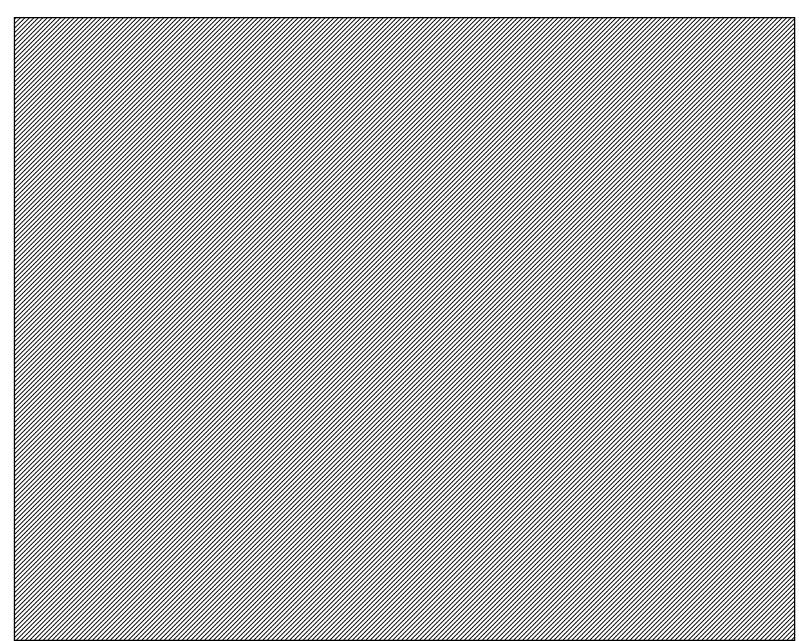
The biggest differences between America and anywhere else, according to Gonzalez, are you can be a person here and you can be whatever you want.

"You don't have to be rich to reach your dreams, you just have to work hard," he said.

His final piece of advice: Vote.

"People complain, but they don't play their role," he said.

Sgt. William P. Bradner is assigned to the Beaumont Army Medical Center Public Affairs Office.





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By Jim Gaines MCCS Publicity

October Sale at MCX

The sale underway through the month of October features: George Foreman grills at the low price of just \$44.99, all electronics are 5% off, RCA Web TVs are 10% off.

Also, RCA MP3 LYRA 15% off, JVC DVD 3 disc player now at only \$279.99, JVC DVD (3-D Phonic) sale price just \$219.99.

If it's clothes you need, the fall and winter mens and womens line of clothing has arrived - and the exchange is offering a low early season low price on all items.

Check out new designs by famous designers; DADA, NO LIMIT, ECKO and PHATFARM.

Come in and check out these great buys during the October Sale, also check out the exchange's everyday low prices on non-sale items too!

The Exchange/7-Day Store is open Monday through Saturday from 8 a.m. to 9 p.m. and Sunday from 10 a.m. to 6 p.m.

Call 256-8974 for details.

Lunch menu for this week

This week's lunch menu at the Family Restaurant & Cactus Cafe:

Today – Meat loaf.
Friday – Baked cod.
Monday – Chicken & potatoes.
Tuesday – Tacos.
Wednesday – Roast beef.
Thursday – Turkey a la king.
Friday – Hoki fish.

All above meals served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to noon. Price is \$3 military, \$4.50 civil-

The Family Restaurant also offers an A La Carte as well as a Sub Sandwich menu for lunch.

The Cactus Cafe offers a limited A La Carte and Sub Sandwich Menu for lunch. Call 577-6428 for info.

Family Restaurant full service

The Family Restaurant offers breakfast, lunch and dinner service.

Weekdays

Breakfast is served from 5:30 a.m. to 7:30 a.m. Price: \$1.50 military, \$3 civilian.

Lunch is served from 10:30 a.m. to 12:30 p.m. Price: \$3 military, \$4.50 civilian.

Dinner is served from 4:30 p.m. to 6 p.m. Price: \$3 military, \$4.50 civilian.

Weekends & Holidays

Menu service for breakfast, lunch and dinner: 9 a.m. - 2 p.m. Price varies per menu selection.

Family Night Dinner menu

Tonight – Mexican Night. *Next week* – Southern Night.

Family Night dinners are served Thursday evenings at the Family restaurant from 4:30 p.m. to 7:30 p.m.

Prices: (military & civilian) \$4.50 adults, \$2.50 children (5 to 11 years), children 4 years and under are free.

Everyone welcome! Bring your family and friends and enjoy a delicious

Commanding Officer's Golf Tournament

Tees & Trees Golf Course will host the Commanding Officer's Golf Tournament this Saturday. Call 577-6431 for more information.

Clip and save

In the October issue of the MCCS Events Guide there are coupons on page 3 that will save you money.

This will be a regular feature in the Events Guide - look for them, clip and save.

YAC Bowling League

Youth Activities Center (YAC) is starting a bowling league for children and youth, ages 8 to 18.

This league will be open to all reg-

istered YAC members. Sign up now for fun league bowling now underway. For more information call YAC at 577-6499.

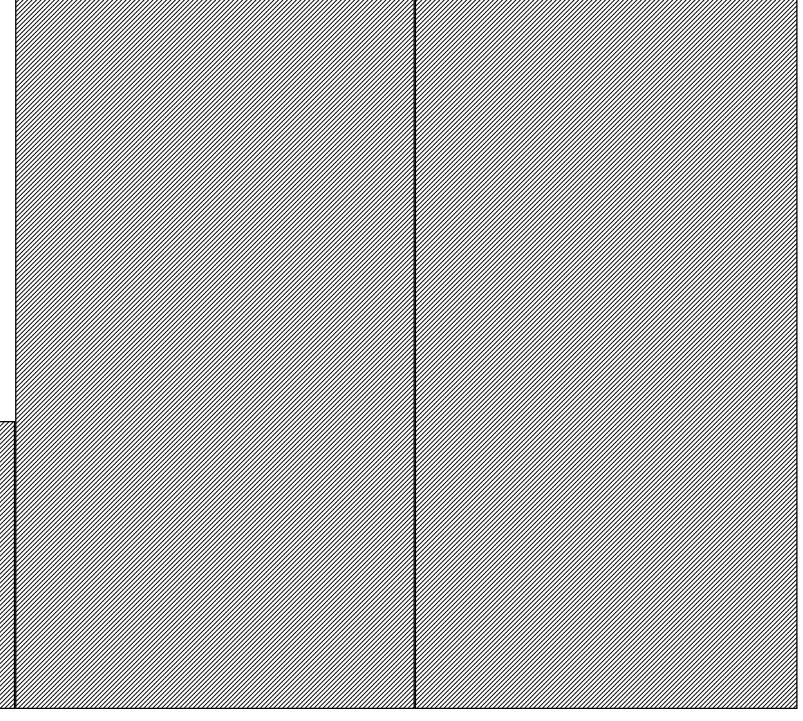
MCCS Columbus Day hours

The Main Exchange/7-Day Store will be open 10 a.m. to 6 p.m.

The Family Restaurant will be open 9 a.m. to 2 p.m. with menu service.

Tees & Trees Golf Course will be open 7 a.m. to 6 p.m.

The Gym/Semper Fit will be open 8 a.m. to 3 p.m. All other MCCS facilities will be closed Monday for this holiday.



SPORTS

Intramural Basketball Championship decided

I&L tops PMO 42 – 39 in hard fought victory

By LCpl. Cory Kelly

Barstow Log staff

I&L took a 'hard fought' victory over PMO in MCLB's Intramural Basketball championship game November 27.

I&L's consistent top scorer Derrell Givens, banked 14 points for the cache, and holds status as one of the best players in the league.

League players have nothing but good to say about I&L's hard hitter ... whose all-star abilities are amplified by his almost veteran-to-the-sport age.

Manuel Almaraz, PMO, cooked up the court, on and off the playing field, as he doubled as team coach and leading scorer with 21 points on the

The game, a race against the clock, was fought hard by all, according to Elder Reyes, referee.

I&L put the first points on the board in the first two minutes of the game, and PMO never pulled ahead.

By the close of the first period, PMO was down 30 – 15. Almaraz, pulled PMO together in the second period, working the clock and gradually closing the gap. He scored 19 points in the second period alone.

PMO continued to work the clock to the very last second, but their, "shooters just weren't shooting right."

'We just couldn't shoot. Out flat ... we couldn't shoot," Almaraz said, "we started missing our shots and it cost us the game.'

Wrapping up the play was Reyes, saying, "PMO made a good run toward the end but I&L held them off. [I&L's players are] just older and wiser ... they played a better game."

Givens, I&L, said, "When we lost to [PMO] the last game I said we would we would come back and beat them next time, ... and what did we do. We came back and did it. Just like I said."

SPORTS BRIEFS

The coaches meeting for flag football will be Wednesday, at 1 p.m. in the Base Gym.

Coaches need to bring a team roster with name, rank, social security number and team name.

The meeting is also for personnel who want to play but do not have a team. for more info call SSgt Owen at 577-6899.



Michael Budabinmcquown (black jersey) for PMO and Jason Edminston for I&L reach for the rebound in the championship game November 27

Marine Corps Ball Golf Tournament big success

By LCpl. Cory Kelly

Barstow Log staff

Patrons of the Marine Corps Ball set out one last time Friday to smack some pitted titaniumcored globes for the sake of a better birthday balll.

Bright and early, 18 foursomes of soon-tobe, hope-to-be and never-will-be golfers sipped coffee and waited patiently for the tourney to begin play.

Most sat quietly and prepared their mind for the game ... mentally pushing themselves into 'the zone'. Others, not being able to fathom the idea that golf has 'a zone', ate doughnuts and



Photo by LCpl. Cory Kell

See GOLF Page 12 downrange.

Kenneth Lee sends one

Please submit all Trader Ads to daileyb@barstow.usmc.mil.

1987 OLDS CUTLASS SUPREME: New paint and trans., clean interior, A/C, P/S, P/B, \$1,500. Call 243-2080 AWH ask for Otis.

1981 CORVETT: Mostly original, runs great, \$4,300 OBO. Call 252-7611 home, 254-5709 work.

1998 MITSUBISHI MONTERO SPORT SUV: 5 speed, only 23k miles, premium sound, luggage rack, two-tone paint, sparingly used, book value \$16,200 asking \$15,900. Call 255-3045.

1993 HONDA CIVIC: Coupe, A/C, P/S, P/D, P/W, sunroof, well maintained, spotless interior and engine, new tires and timing belt, plum color. Call 252-7357.

1968 CHEVY 3/4 TON TRUCK: Heavy suspension, 3 gas tanks, P/S, P/B, 350 trans **NO ENG.** needs paint, has non-op, \$450. Call 243-

1997 TOYOTA PREVIA MINIVAN: Dual A/C, cruise control, luggage rack, loaded, 57k, clean inside and out, book value \$20,318 asking 17,500. Call 255-3045

MOTORCYCLE: 1990 Kawasaki KX-500, Pro-circuit pipe, Baja skid plate, Renthal bars \$2,000. OBO. Call 256-6103.

MOTORCYCLE: 1998 Kawasaki KX-250, complete fresh motor, Renthal bars, Pro-circuit pipe and silencer, skid plate, hand guards, good tires and extra parts, \$3,500. Call 256-6103

MOTORCYCLE: 1998 Yamaha YZ-125 new top end, Renthal bars, Procircuit pipe guard, case saver skid plate, good tires, \$3000. Call 256-

PIANO: Hobart M. Gable by Story & Clark, beautiful condition \$850 firm, paid 1,250. Call 252-1059 AWH.

FURNITURE: 5 piece dining room set, glass top \$100; Double bed head board, foot board and frame \$100; 2 oversized chairs, solid oak green \$50 each; Phone \$10; Microwave \$25; Waterbed headboard, \$40. Call 252-7789.

MISCELLANEOUS: Eng. and 5 speed trans from 84 Ranger, 4 cyl., all smog plus RAD, \$250 each: Piston Knurler bench mount \$150. Call 243-1392

MISCELLANEOUS: Healthrider, elliptical crosstrainer, incline adjustment, six workout programs, console displays time. speed, and calories burned, rarely used, \$325. OBO Call 252-7126

MISCELLANEOUS: New exercise equipment, Ab Roller, \$15; Nordic Rider, \$100; Fitness Flyer, \$75; Twist and Spin, \$10; Exercise Blade \$25; Suze Orman's "Financial Freedom" series CD's and books, new, \$50.

Call 253-5926.

MISCELLANEOUS: Antique Dynaphone parlor radio with phonograph on top, works, \$100, Call 252-4352

MISCELLANEOUS: Cannondale road bike, Shimano Ultegra STI, xlt cond., will fit from 28 to 32 inseam, \$1100 new, asking \$550. Call 252-7611 home, 254-5709 work.

MISCELLANEOUS: Bose subwoofer, \$150; Patio furniture, white plastic, round table, \$15; Dining table, solid Oak, seats 6 to 10 people, \$550. Will accept payments; Range hood 30", Kenmore, almond color, like new, \$30; Play house for kids, large, \$25; Barbecue grill, charcoal, \$10. Call 255-3045.

MISCELLANEOUS: Smittybilt front pushbar and rear tube bumper with hitch, black, \$250/both; 6-lug 15x8 polished Eagle alloy rims, perfect condition, \$225/set All came off Nissan but are universal. Contact Brian, 252-0039.

MISCELLANEOUS: Grass trimmer, cordless battery chargeable \$25; Exercise equipment, Health Rider abdominal roller, \$10; Twenty two piece screw driver, Phillips and tork (new set), \$15. Call 242-8839

MISCELLANEOUS: AM/FM radio, tape-cassette recorder/player, with 10 ½ wide 14 ½ long detachable speakers, \$25. Call 242-8839

MISCELLANEOUS: Brown/Beige high/low carpet, 63 square feet, \$50; ACER Aspire computer, 15" monitor and printer, lots of software and accessories, \$100. Call 253-5926

MISCELLANEOUS: Washer/dryer, stackable, apt size 110v, like new, \$500. Call (909) 446-0754 after 5:30 p.m.

MISCELLANEOUS: Patio table \$25. Sears electric lawn mower\$50, barbecue grill, charcoal, \$10. Call 255-3045.

PETS: Bare-eyed Cackatoo, large vocabulary, w/large cage and accessories and 50 lbs. seed, health certificate, \$1,800. Call 253-5926.

PETS: Patagonian Conure w/large cage and accessories, talks, includes 50 lbs. Seed, health certificate, \$900. Call 253-5926.

MOVING/GARAGE SALE: October 6 & 7, from 7 a.m. to 3 p.m. both days, Antique radio, tools, household goods and lots of miscellaneous stuff. 28712 Windy Pass (on dirt. west of Barstow Rd). Call 252-4352.

LOST AND FOUND ITEMS: One tool chest found in the 573, Maintenance Center Compound, Yermo Annex; One set of car or truck keys; Four gas mask found adjacent to warehouse # 5. To show proof of ownership or any questions Call Sqt. Miller or Cpl. Sotelo at 577-6409 or

577-6514

WANTED: Home stereo AMP tube or solid state. Call 254-2660.

CAR POOL: Car pool opening, driver wanted for established car pool, Mon-Fri 0700-1530 Nebo. Call 951-2060 to sign up.

WIVES from Page 5

home front. No matter how much you personally may love being a Marine, if your family is not happy with this life, is not involved with what you do or does not understand the importance of your job, you are not going to be as happy and productive as you could be.

Our families are very important to our Corps. The Sergeant Major of the Marine Corps and the Commandant are always looking to help spouses like Mrs. Gruter, who want to ensure their husbands are doing the right thing and to support them in their careers as much as they can. I think you will appreciate the work the wives of the sergeants major of the Corps did on your behalf. As the Force Sergeant Major, I would like to offer my personal thanks to all the wives of the Force who took time away from jobs and family duties to make the long trip to Quantico to make a difference not only for the families of MarForPac, but for those of the rest of the Marine Corps as well. I know I have the smartest sergeants major in the Corps here in Marine Forces Pacific because they all had the good sense to marry ladies like you.

To the entire Force, let me say, on behalf of all the Marines and Sailors you honor with your love and sacrifice, we owe all the spouses a deep amount of gratitude. Not just on the official Spouses' Day, but every day you keep us out of trouble by finding that last Irish pennant on a uniform before we walk out the door throwing those brown skivvy shirts in the trash. Thank you for supporting our careers and taking care of your "extended" families on our bases and stations and of those less fortunate.

Our families are force multipliers and we should always remember that. They know far more about the Marine Corps, our ethos, our Core Values, and our regulations than we give them credit for. We need to tap into that wealth of knowledge any time we can to improve the quality of life for our families and for our Corps.

To Mrs. Gruter and to all of the spouses like her, I say thank you. Thank you for your support. Thank you for taking care of us, and thank you for making the Corps stronger and better because of your input. You have my respect.

"Oh, and ladies, please keep reading my column." Semper Fi.

GOLF from Page 10

talked of their plans for the coming weekend. And then there were the few, who took the precious moments before the tourney to buy, Mulligans, as one believer said, "they are the only sure way to victory in this game."

At tee off the sun had risen a few inches and the desert air was starting to calm.

The day started and ended relatively uneventfully for most of the players. There seemed to be no attacks from the spherical kamikaze killers, despite all the yelling and warning from one team to another. And there weren't many of those fairway thieves, whose prime pickpocket are little white and florescent balls, either. It was, or seemed to be, an

all around nice day on the course, according to most of the players.

The last of the teams pulled in just before 2 p.m. and as the northwestern Pennsylvania brewery workers say, 'it was all gravy'.

Val Miller, Dallas Miller, James Daly and Mark Russel walked away with first place trophies scoring nine under par. And the boys from the finance office -

Kyran Ramcharan, Gabriel Lopez, Israel Moreno and Eduardo Nuno - took back their title as the Scrub Team with a near impossible, too high to count 20-plus over par.

David Leak took the longest drive award and, oddly enough, counterpart of the Scrub Team, Nuno took home the award for the closest to the pin with 12 feet 6 inches.

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